



FREEDOM

THAT LASTS

WINNING LIFE'S BATTLES

THROUGH JESUS CHRIST

Session 5

The Physiology of Addiction and Habituation

A. Substance Addictions

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1. The Limbic System – Pleasure/Reward Center

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2. Tolerance

A. Substance Addictions

**1. The Limbic System –
Pleasure/Reward Center**

2. Tolerance

3. Withdrawal

A. Substance Addictions

**B. Understanding Behavioral
“Addictions”**

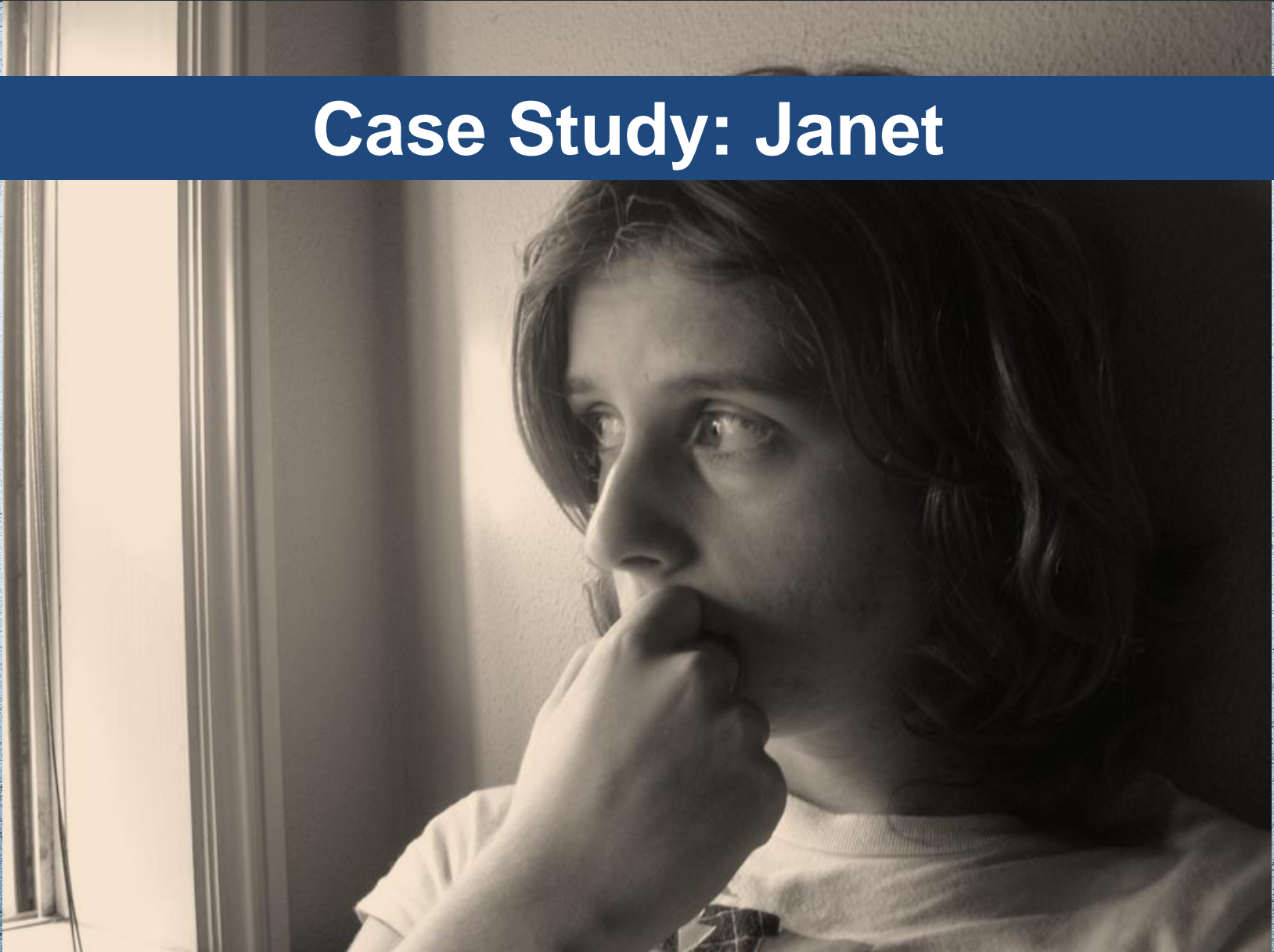
B. Understanding Behavioral “Addictions”

1. Obsessive thoughts and compulsive behaviors

B. Understanding Behavioral “Addictions”

- 1. Obsessive thoughts and compulsive behaviors**
- 2. Our Presuppositions**

Case Study: Janet



A. Substance Addictions

**B. Understanding Behavioral
“Addictions”**

C. Counsel for the Counselor

C. Counsel for the Counselor

1. Counsel with Compassion

C. Counsel for the Counselor

1. Counsel with Compassion

2. Counsel with Wisdom

C. Counsel for the Counselor

- 1. Counsel with Compassion**
- 2. Counsel with Wisdom**
- 3. Counsel with Patience**

C. Counsel for the Counselor

- 1. Counsel with Compassion**
- 2. Counsel with Wisdom**
- 3. Counsel with Patience**
- 4. Counsel with Hope**